

Woodside



Newsletter

June 2024

MEETING AT THE STANBOROUGH CENTRE WATFORD

<https://u3asites.org.uk/woodside>

Charity Registration Number.: 1182140



Hello everyone

June is our **AGM**, where we complete our end of year business. Thanks to everyone who has done the preparation for this especially Lesley, who has done most of the planning and paperwork, Alison who co-ordinates finance and those who have manned the very busy renewal desks.

I will not be at the **AGM** as I will be on a long-planned holiday to Portugal with my 9 month old grandsons (and their parents) - although someone recently told me that 'with very young children it is not a holiday, it is simply parenting in a different location'.

One thing concerning many of us, I am sure, is the recent rise in infections such as measles. Common in our childhood, they seemed to have been almost eliminated due to vaccination. With lower immunisation levels, there has been a big increase in some areas, including NorthWest London. Personally, this has caused a real dilemma as I support a school there which has had a large number of cases - I am uncertain if I have had measles and am too old to have had the MMR vaccination, so I am unsure if I have any immunity. (Immunity is apparently 'assumed' if born before 1957.) With grandchildren too young for vaccination, I have therefore avoided visiting the school. A real issue for some of us!

See you all soon *Heather*

(No Speaker Today): **Ady & The Shedettes & Drama Group**

To help the environment please remember to bring your own drinking vessel.

Speakers Report

Our May speaker was **Natasha** from the **Essex and Herts Air Ambulance Volunteers**, ably assisted by **Susie**. Both were truly inspirational people who have been volunteering for eight and seven years respectively. Natasha began to volunteer to raise funds after a friend survived with ninety two per cent burns because of the fast intervention of an air ambulance. A basic air ambulance costs £6.2 million to buy and now Essex and Herts have the best costing £10.2 million. They currently have two helicopters and four vehicles. The helicopters carry a pilot, co pilot, hospital doctor and a critical care paramedic. They can be airborne in three minutes and aim to reach a casualty within twenty five minutes of a call. They can fly anywhere in Essex or Herts within fifteen minutes at a speed of up to 150mph and fly day and night. Natasha had some very interesting details that I hadn't even considered, such as the cutting equipment they have onboard to cope with any cables that may be in the way of their landing. The call sign air ambulances use is Helimed 55 and takes priority over any other flying aircraft.



Susie

Natasha

Sometimes it's the reason commercial airliners are held in a holding pattern before being allowed to land. Staff must be weighed! This is taken into account when calculating the weight of personnel and equipment onboard. If the patient is a child one parent will be allowed to fly too but adults are taken alone. The air ambulance carries blood, drugs and equipment not available on a regular ambulance. Patients are taken to trauma centres appropriate to their needs that have a helipad. Personnel train in simulator suites mocking up anything from a roadside to a nightclub, day or night. Last year they attended 1471 helicopter incidents, 1234 incidents in their vehicles, which also undertook 76 vehicle blood deliveries. Staggeringly they receive funding purely from charitable donations. It costs £12 million per year to run. Natalie said they get no Lottery funding. On 18 August at Elms Court, Potters Bar there is a Fun Open Day if you would like to attend. **Natasha and Susie collected £391.29**, including a cheque, from our members at the end of their talk. *Louise*

Alexa Joke

I walked into a bar dressed as a tennis ball....
I got served immediately!

Family History by Sue Houston



The family history group this month enjoyed sharing a wide range of school resources, from school photographs, (look at the number of children in this 1898 infant class!) to reports, ('could do better!') reading books (who remembers Janet and John?) and even to some exam papers with maths problems in pounds shilling and pence.

Craft Group



Last month the craft group made pretty bowls using organza, wool and solufleece held together with embroidery thread. We added sequins and snippets of ribbon between the layers to add interest. The layers were dunked in water for a few seconds before drying overnight over a glass dish.



This month the craft group made 'fridge magnets using shrink plastic.

We used templates to draw the butterfly, felt tips to colour and a heat gun to shrink. Magnetic tape was added to the back. Same results can be achieved in the oven but not as entertaining as watching the plastic squirm as it shrinks.

Jo

Canal Boat Trip *by John Simpson*

Many thanks to all who have booked their places on the canal boat journey on the 1st July 2024. As some of you will be aware the trip for thirty five people has been oversubscribed with there being a number of additional folk being 'reserves' in case anyone should not be available on the date of the trip , to participate . **The departure venue can be found by going along the A41 towards Hemel Hempstead , turn right at the Red Lion Pub and then turn immediately right into a narrow track which opens out into a parking area.** Post code: HP3 9TE So that as many people as possible can experience the canal ride, we are arranging a second canal trip in September, once the holiday season is completed. This second vessel can only hold twelve people and we will contact those who are already on the substitutes list to confirm that the date of the event is acceptable to them . Fish and chip refreshments will be available on this second journey.

Garden Visits *by Teresa & Linda R.*

On a sunny May afternoon, the garden visits group were treated to a trip to Kathy Brown's Garden. When Kathy and her husband moved to Stevington Manor in 1987, they slowly extended and transformed the gardens; it was first opened to the public under the National Garden Scheme in 1996. Kathy started the tour by giving us a potted history of the Manor House, before showing us around the gardens and answering our numerous questions. The Manor house that we see today was rebuilt in 1876 by the Duke of Bedford, modelled on the original building, a hospitium, sheltering pilgrims who came to visit the Holy Well, dates back to the mid-1200s. The gardens are a wonderful mix of herbaceous borders, wooded areas and formal gardens, and recently featured on *Gardeners' World*. The delightful afternoon ended in a leisurely drink and delicious homemade cake; we were even offered seconds. A truly wonderful afternoon. Thank you for organising the visit, Louise.



New Interest Group Ideas?



We currently have 38 interest groups running in our u3a now. As we have new members joining this year it's a good time for all members, if they have any ideas for a new interest group to please talk to Bernice about setting one up. You can speak to Bernice either at the meeting or contact her on 01923 672359 or caffreyba@gmail.com

WordSearch!

There Is One Extra Team Here Who Did Not Qualify.....But Which One?

SOCCER TEAMS IN EURO 2024

A	L	B	A	N	I	A	D	Z	H	E	S	T	F
G	E	O	R	G	I	A	I	N	G	S	W	N	R
S	P	A	I	N	A	M	O	R	Y	R	I	A	A
S	I	U	K	R	A	I	N	E	H	H	T	K	N
E	U	A	S	L	O	V	A	K	I	A	Z	E	C
Y	E	K	R	U	T	E	S	W	E	D	E	N	E
R	Y	B	E	L	G	I	U	M	N	L	R	G	Y
S	L	O	V	E	N	I	A	A	E	E	L	L	S
S	C	O	T	L	A	N	D	W	I	A	A	A	E
O	G	D	D	E	N	M	A	R	K	T	N	N	R
S	H	U	N	G	A	R	Y	E	I	R	D	D	B
G	A	S	D	N	A	L	R	E	H	T	E	N	I
C	C	R	O	A	T	I	A	I	R	T	S	U	A
W	C	I	L	B	U	P	E	R	H	C	E	Z	C

BELGIUM
 ITALY
 SLOVENIA
 NETHERLANDS
 CROATIA
 ROMANIA
 SWEDEN
 SWITZERLAND
 CZECH REPUBLIC
 TURKEY
 HUNGARY
 SLOVAKIA
 ALBANIA
 UKRAINE
 GEORGIA
 DENMARK
 SCOTLAND
 SPAIN
 ENGLAND
 AUSTRIA
 FRANCE
 SERBIA

Answer At Bottom Of Page

Quick Quiz

- 1, What Is The Capital Of Finland?
- 2, What Are The Five Colours Of The Olympic Rings?
- 3, Which Planet Is Closest To The Sun?
- 4, What Was Queen Elizabeth II's Surname?
- 5, What Vegetable Is Vodka Traditionally Made From?

WordSearch Answer....Sweden

1, Helsinki! 2, Black, Green, Blue, Yellow and Red 3, Mercury
 4, Windsor. Her full name is Elizabeth Alexandra Mary Windsor
 5, Potato

Quick Quiz Answers

Interest Groups Contact Details

Art	Contact: Sue Walters on 07989 250483, Group meets fortnightly 10-12am at Tanners Wood Hall.
Badminton	Contact: Susan Coultrup on 01923 334387. Group meets weekly i Wednesday at Watford Leisure Centre (This is a joint group with SWH)
Books	Contact: Libby Crawford on 01923 247847. Group meet every 3rd Wednesday at 10.30am
Bridge Improvers	Contact: Judith Evans on 01923 260354 or 07960 642651. Group meets 1st and 3rd Mondays at 1.30 - 4.30 at Asda Room 3 (this is a joint group with SWH)
Bus Pass Travel	No trips planned at present. John Simpson is currently looking into places to visit.
Canasta	Contact: Denise Branton on 07786 391534. Group meets 3rd Tuesday of the month at Asda Community Suite at 2.00pm
Craft	Contact: Jo Bromwich on 01923 443758. This group meets on the 4th Wednesday of the month at Abbots Langley Cricket Club at 10 until 12 am
Creative Writing	Contact: Ian Woolcott on 07505 769911 (Details to be advised)
Doodle Art	Contact: Pam Cotton 07876 384026. Group meets 1st Tuesday of the month at the Royal Oak, Abbots Langley 11am. Stay for lunch and a chat.
Drama	Contact: Joyce Holton 07795 193405 This group meets on a Tuesday at Asda Community Suite, 10.00am until 11.30am
Family History	Contact: Bea Luffrum on 07711709039. Group meets monthly on the 1st Wednesday morning at members houses (this is a joint group with SWH).
French	Contact: Heather Lace on 07951937064. Group meets fortnightly on a Monday at 2.30p at members houses
Garden Visits	Contact: Teresa Brunswick on 07712 710811. Watch out for news of visits at the General Meeting.
Line Dancing	Contact: Judy Lovell on 01923 893368. Group meets 1st and 3rd Mondays. First session 10.15am. Second sessions 11.15am (This is a joint group with SWH)
Listening To Music	Group metes on the 2nd Monday of the month at 2pm. Contact: Lawrence Pearlman on 07752 367664 or email pearlyman58@gmail.com
Local Theatre Group	Contact: Pam Young on 07811 219936. Trips to be advised. Payments to be made at the time of putting your name down for a trip. Travel will be shared vehicles.
Lunch Group	Contact: Joyce Gray on 01923 263213 or rejoyce.gray@gmail.com Monthly. Days and venue vary.
Mexican Train	Contact: Bernice Caffrey on 01923 672359. Group 1 meets every 4 weeks on a Thursday at 2.00-4.00pm. Group 2 meets every 4th Monday 2.00-4.00pm
Murder/ Mystery	Contact: John Simpson on tel.no 07531 542605 - Group meets on a ad hoc basis in group members homes.
Pathfinders	Contact: Patrick Turner on 0923 263511 or 7954640263 for details of next meeting (this is a joint group with SWH)
Philosophy	Contact: Jeanne Johnson on 01923 263598. Group meets monthly on 1st Monday 2.00-4.00pm. (This is a joint group with SWH)

Interest Groups Continued

Photography	Contact Ken Jones on 01923 264855. Group meets monthly at a venue to be decided, to take a photograph and have a social time at a local cafe.
Play Reading For Fun	Contact: Derek Giles on 01923 270971. 4th Wednesday at Asda at 10.00am -12.30pm and again 1st Monday at Asda at 2.00pm - 4.30pm (This is a joint group with SWH)
Pub Lunch And Darts	Contact: Ken Cotton 01923 269720. Group meets at the Unicorn, Abbots Langley. Meets On 1st Tuesday Of The Month
Quiz	Contact: Glen Price on 07787155461 meeting at YMCA Haines Way at 7.00pm on the third Thursday of the month.
Spanish 1	Contact: Sue Brown on 01923 661516. Group meets fortnightly on Friday at 11.00 - 12.00am at the Royal Oak, Abbots Langley.
Sewing	Contact:Tina Photi on 07427866825. Group meets Wednesday at 10.00-12.00am at Tina's home.
Sequence Dancing	Contact: Janet Moles on 07835 260967 Next meeting Friday 9th December at All Saints Church Hall from 2.00pm until 4.00pm.
Sign Language	Contact: Sue Hickson on 07958669311. Group will start on the 26th August and meet the 2nd and 4th Friday of the month at Asda Community Suite between 2.00pm and 3.30pm.
Singing for Pleasure	Contact:Ady Shaw 01923 518021. Group meets fortnightly on Thursday at 10.00am -11.30am at Asda.
Social Outing Group	Contact: Joan jgillett43@gmail.com Mobile: 07881 768793
Table Tennis	Contact: John Simpson on 07531 542605. Group meets fortnightly at 10.00-12.00am at the YMCA Haines Way.
Ten Pin Bowling	Contact (initially) Bernice Caffrey on 01923 672359. Group meets on the 2nd Monday of the month at Hollywood Bowl at 2.00pm starting on the 11th September
Trips	Contact: Martin Rodel on 01923 442417. Available trips advertised at General Meetings.
Ukulele	Contact: Trevor Boardman on 01923 244016. Group meets 1st, 3rd and 5th Thursday and 2nd, 4th and 5th Wednesday at 2.00pm at Tesco Extra Community Room (this is a joint group with SWH)
Weekenders	Contact: Teresa Brunswick on 07712710811. Watch out for news of visits at the General Meeting.
Woodside Walk Five	Contact: Derryck Croker on 07941 401421 for details of next meeting. Group meets monthly on the 2nd Wednesday. (This is a joint group with SWH)
Wednesday Walkers	Contact: Derryck Croker on 07941 401421 Group meets monthly on the 4th Wednesday. (This is a joint group with SWH)

**We are always looking for new interest groups
If you have any ideas then please speak to Bernice at the
general meeting**



General Meeting Talk This Month

'Body In A Bag' "Espionage, Gareth Williams and the mystery of the body in the bag". The story of a man found zipped into a holdall in his bath!

Refreshment Rota:-

June: Quiz and Spanish.

July: Sewing and Sign Language

WANTED: NEWS & PHOTOGRAPHS suitable for publication please send to The Webmaster, Andrew Cummings at andrew.cummingsu3a@btinternet.com
The newsletter is available online at <https://u3asites.org.uk/woodside>

AND FOR THE NEWSLETTER

Send to Ken Cotton, 01923 269720 or email:- woodsideu3a22@gmail.com

Copy Date Is 1st Of The Month

N.B. Due To Limited Space, Articles May Need To Be Edited!

Max 150-200 Words Please

IMPORTANT CONTACT DETAILS

webmaster@woodsideu3a.org.uk
newsletter:- woodsideu3a22@gmail.com

So our u3a can be as environmentally friendly as possible, you are invited to bring your own mug to our monthly general meetings. These are easier to drink from and will save using plastic cups.



The Committee Contact Details:

Heather Lace - Chair
07951 937064



chair@woodsideu3a.org.uk

Ken Cotton - Vice Chair
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**Next General Meeting
16th July 2024**