

Woodside



Newsletter

June 2025

MEETING AT THE STANBOROUGH CENTRE WATFORD

<https://u3asites.org.uk/woodside>

Charity Registration Number.: 1182140



Hello everyone

I have an ex-colleague I see from time to time. Whenever we meet, I ask how she is, and she responds immediately with an hour-long recitation of her various ailments. Shamefully, I am often tempted to leave the intervals between our meetings longer and longer. On the other hand, most of the people I meet respond with, "I'm fine." This is an 'acceptable' answer and takes the pressure off both people. However, "I'm fine," often paints over what we really want to say, and does not always reflect what we are truly feeling. An organisation such as the u3a encourages a range of interactions both at interest groups and in monthly meetings. Many members report that these social connections are hugely important to them, and present an opportunity to discuss how they feel within a supportive environment. I am proud of the way members encourage and support each other, and hope that we do not always feel the need to respond with, "I'm fine," but are free to say, "I'm struggling a bit, actually" - or even, "I'm great!"

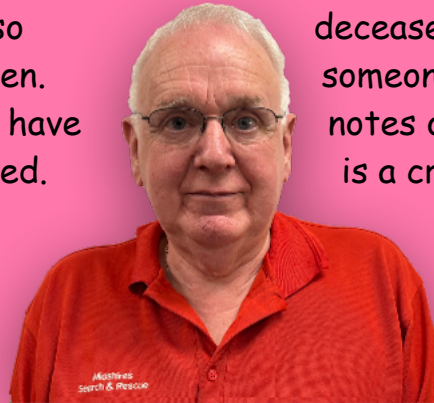
This is my last newsletter as Chair - and I wish everyone the best, both physically and emotionally, into the future. *Heather*

No Speaker Today As It Is The AGM!

The Shedettes & Drama Group Will Perform

Speakers Report

Our May speaker was **Tim Perkins** who is a volunteer with Midshires Search and Rescue. As well as being a treasurer and trustee Tim has been a qualified search technician for five years. The teams go out 365 days a year and when the alarm goes off he assembles a team and gets them on the road. The missing are mainly people suffering a mental health crisis or dementia but also children, although not often. The teams have to be fit, have transport and be committed. This is one of 34 countrywide teams 100% funded from charity collections, receiving nothing from the police or councils. You must be able to walk 5 miles in two hours, set up emergency centres and give vaccines. Team members are from all walks of life and can also call on two handlers and three dogs. They travel in three vehicles: a control unit vehicle, a water search van and presently a range Rover which they have bought from Edale Mountain Rescue who have sold it to them cheaply at £15,000, but which they have yet to pay for!. Sadly callouts very often result in deceased finds. Their dog Buddy carries an aerial and GPS



Tim Perkins

pack and will find anyone in any remote area. Most dangerous to people and rescue teams are riverbanks, where people are very often found dead only a couple of hundred yards from where they went in. Most people can only survive for 12 minutes in a water situation. Many searches also take place in rough wooded areas and their torch carries a beam 2 kilometres. If a deceased person is found someone has to make detailed notes of the situation, in case it is a crime scene, and

occasionally they have to go to a Coroners Court. The police often get the credit for finds when in fact it is always Search and

Rescue who have found the missing. Tim was anxious to tell us to join the What 3 Words phone app which can tell rescuers where you are anywhere in the world. This was such an interesting and worthwhile topic that **Tim collected an astonishing £617.06 in donations following his presentation.** This is the most he has ever collected in a single visit anywhere!

Louise



Craft Group

The craft group made tissue holders from a Japanese satin fabric at their April workshop. All were hand sewn and some used the reverse of their fabric which gave a different look. *Jo*



Theatre Group

by Sue Brown

A group of 14 of the Theatre Group had a lovely evening out to see the "Alternative" version of *Pride and Prejudice* on Friday 23rd May. With the inclusion of modern songs and non-stop comedy the five young performers re-told Jane Austen's iconic love story and what a joy it was - a really enjoyable evening out

UK Events That Happened In June

1944 D-Day Invasion of Normandy by 1 Million Allied Troops

1946 TV Licences First Introduce. They Cost £2

1829 Oxford & Cambridge First Boat Race-Oxford Won!

1645 Oliver Cromwell Defeated The Royalists At The Battle Of Naseby

1894 Tower Bridge Was Officially Opened by The Prince Of Wales

My Favourites

Sue Brown



Place Of Birth: **Harrow**

Favourite Food: **Chicken, Bacon & Avocado Salad**

Favourite Film: **Mama Mia**

Favourite Kind Of Music: **Motown**

Favourite TV Program: **Vicar Of Dibley, Ab Fab**

My Hobbies: **Sewing, Line Dancing, Bowls, Drama, Doodle Art, Reading, Board Games, Walking, Singing, Gardening, Learning Spanish Sign Language, Table Tennis**

My Bucket List: **To End My Days With A Smile On My Face And A Cocktail In Each Hand**

Who Would you Most Like To Meet (Living Or Passed Away):
Dolly Parton

Favourite Holiday: **Any Greek Island We Have Visited + Crete Zante & Corfu**

Where Would You Like To Visit: **Australia & New Zealand**

Who Would You Not Want To Be In A Lift With:
Sadiq Khan

My 1st Car: **Black Mini-Circa 1965**

Did You Know That.....?

“Albert Einstein” is an anagram for “ten elite brains”

Joke Of The Month

Tyres are male, because they go bald easily and are often over inflated!

Word Search

H	R	C	C	U	B	A	N	S	O	S	G	S	B
S	A	S	R	N	L	S	C	L	S	E	C	R	I
O	D	A	I	I	O	B	N	L	D	L	O	E	S
I	W	L	C	O	C	E	V	E	P	C	M	K	R
G	A	L	K	N	K	L	N	D	I	I	E	A	E
D	I	S	E	G	H	N	I	N	H	R	T	E	D
A	L	T	T	A	E	P	L	O	A	I	S	R	N
K	E	A	S	P	A	I	A	H	D	M	D	B	E
O	R	R	O	S	D	P	I	S	I	V	E	T	B
T	S	S	R	S	S	S	R	E	M	A	E	R	D
A	E	V	A	N	D	E	L	L	A	S	C	A	N
S	E	E	S	R	O	H	Y	Z	A	R	C	E	I
A	T	T	R	A	C	T	I	O	N	S	E	H	M
K	M	S	R	S	W	O	D	A	H	S	O	A	O

HEARTBREAKERS
 ALLSTARS
 VANDELLAS
 CRAZYHORSE
 BLOCKHEADS
 PIPS
 UNIONGAP
 COMETS
 DAKOTAS
 WAILERS
 SHONDELLS
 DREAMERS
 SHADOWS
 CRICKETS
 ATTRACTIONS
 MINDBENDERS
 MIRICLES

Can You Find These Backing Groups?

Can You Name The Artists That They Backed? *Answers Below.*


Top Ten Singles June 10th 1965 (According To 'Official Charts')

1. Long Live Love-Sandie Shaw
2. Crying In The Chapel-Elvis Presley
3. A World Of Our Own-The Seekers
4. Price Of Love-The Everly Brothers
5. Poor Man's Son-Rockin' Berries
6. Train & Boats & Planes-Burt Bacharach
7. The Clapping Song-Shirley Ellis
8. This Little Bird-Marianne Faithfull
9. Where Are You Now My Lovely-Jackie Trent
10. I'm Alive-The Hollies


Answers

Tom Petty, Melvyn, Martha Reeves, Neil Young, Ian Drury, Gladys Knight, Gary Puckett, Bill Hayley, Billy J. Kramer, Bob Marley, Tommy James, Freddie Cliff Richard, Buddy Holly, Elvis Costello, Wayne Fontana, Smokey Robinson

Interest Groups Contact Details: N.B. Indicates Group Full With Waiting List

Art	Contact: Sue Walters on 07989 250483, Group meets fortnightly 10-12am at Tanners Wood Hall.
Badminton	Contact: Susan Coultrup on 01923 334387. Group meets weekly on a Wednesday at Woodside Leisure Centre 2-3pm (This is a joint group with SWH) 
Board Games	Contact: Sue Brown 07812 840047 or email susanmaybrown@hotmail.com Starting on 4th February 10.30-12.00 pm at members houses
Books	Contact: Libby Crawford on 01923 247847. Group meet every 3rd Wednesday at 10.30am
Bridge Improvers	Contact: Judith Evans on 01923 260354 or 07960 642651. Group meets 1st and 3rd Mondays at 1.30 - 4.30 at Asda Room 3 (this is a joint group with SWH)
Canasta	Contact: Reg Breese on 07796 446148. or email: reg2@sky.com Group meets 3rd Tuesday of the month at Asda Community Suite at 2.00pm
Craft	Contact: Jo Bromwich on 01923 443758. This group meets on the 4th Wednesday of the month at Abbots Langley Cricket Club at 10 until 12 am
Creative Writing	Contact: Ian Woolcott on 07505 769911 (Details to be advised)
Drama	Contact: Joyce Holton 07795 193405 This group meets on a Tuesday at Asda Community Suite, 10.00am until 11.30am
Family History	Contact: Bea Luffrum on 07711 709039. Group meets monthly on the 1st Wednesday morning at members houses (this is a joint group with SWH).
French	Contact: Heather Lace on 07951 937064. Group meets fortnightly on a Monday at 2.30p at members houses
Garden Visits	Contact: Teresa Brunswick on 07712 710811. Watch out for news of visits at the General Meeting.
Line Dancing	Contact: Judy Lovell on 01923 893368. Group meets 1st and 3rd Mondays. First session 10.15am. (Second sessions 11.15am - Currently Full) This is a joint group with SWH)
Listening To Music	Group meets on the 2nd Monday of the month at 2pm. Contact: Lawrence Pearlman on 07752 367664 or email pearlyman58@gmail.com 
Local Theatre Group	Contact: Pam Young on 07811 219936. Trips to be advised. Payments to be made at the time of putting your name down for a trip. Travel will be shared vehicles.
Lunch Group	Contact: Joyce Gray on 01923 263213 or rejoyce.gray@gmail.com Monthly. Days and venue vary.
Mexican Train	Contact: Bernice Caffrey on 01923 672359. Group 1 meets every 4 weeks on a Thursday at 2.00-4.00pm. Group 2 meets every 4th Monday 2.00-4.00pm
Murder/ Mystery	Contact: John Simpson on tel.no 07531 542605 - Group meets on an ad hoc basis in group members homes.
Pathfinders	Contact: Patrick Turner on 0923 263511 or 07954 640263. Meets on 4th Thursday morning of the month. (this is a joint group with SWH)
Philosophy	Contact: Jeanne Johnson on 01923 263598. Group meets monthly on 1st Monday 2.00-4.00pm. (This is a joint group with SWH)

Interest Groups Continued

Photography	Contact: Ken Jones on 01923 264855. Group meets most months at a venue to be decided, to take a photograph and have a social time at a local cafe.
Play Reading For Fun	Contact: Derek Giles on 01923 270971. 4th Wednesday at Asda at 10.00am -12.30pm and again 1st Monday at Asda at 2.00pm - 4.30pm (This is a joint group with SWH)
Pub Lunch And Darts	Contact: Ken Cotton 01923 269720. Group meets at the Unicorn Pub, Abbots Langley. Meets On 1st Tuesday Of The Month at 12.30pm 
Quiz Evening	Group meets on the 3rd Thursday of the month. 7pm Lawrence Pearlman on 07752 367664 or email pearlyman58@gmail.com
Spanish 1	Contact: Sue Brown on 01923 661516. Group meets fortnightly on Friday at 11.00 - 12.00am at the Royal Oak, Abbots Langley.
Sewing	Contact: Tina Photi on 07427866825. Group meets Wednesday at 10.00-12.00am at Tina's home.
Sequence Dancing	Contact: Janet Moles on 07835 260967 Next meeting Friday 9th December at All Saints Church Hall from 2.00pm until 4.00pm.
Sign Language	Contact: Sue Brown on 07812 840047. Group meets 1st & 3rd Friday of the month. 2.00-3.30pm. Contact Sue for venue. Joint Group with Leverstock Green u3a
Singing for Pleasure	Contact: Ady Shaw 01923 518021. Group meets fortnightly on Thursday at 10.00am -11.30am at Asda.
Social Outing Group	Contact: Joan jgillett43@gmail.com Mobile: 07881 768793
Table Tennis	Contact: John Simpson on 07531 542605. Group meets fortnightly at 10.00-12.00am at the YMCA Haines Way.
Ten Pin Bowling	Contact: (initially) Bernice Caffrey on 01923 672359. Group meets on the 2nd Monday of the month at Hollywood Bowl at 2.00pm starting on the 11th September.
Trips	Contact: Martin Rodel on 01923 442417. Available trips advertised at General Meetings.
Ukulele	Contact: Trevor Boardman on 01923 244016. Group meets 1st, 3rd and 5th Thursday and 2nd, 4th and 5th Wednesday at 2.00pm at Tesco Extra Community Room (this is a joint group with SWH)
Weekenders	Contact: Teresa Brunswick on 07712 710811. Watch out for news of visits at the General Meeting.
Woodside Walk Five	Contact: Derryck Croker on 07941 401421 for details of next meeting. Group meets monthly on the 2nd Wednesday. (This is a joint group with SWH)
Wednesday Walkers	Contact: Derryck Croker on 07941 401421 Group meets on the 4th Wednesday of the month (This is a joint group with SWH)

**We are always looking for new interest groups
If you have any ideas then please speak to Bernice at the
general meeting**



General Meeting Talk Next Month:

Frances Watkins: Medicinal Plants In Wartime.

Refreshment Rota:-

Today: **Photography
& Pub Lunch & Darts**

September:

Spanish & Sewing

WANTED FOR OUR NEWSLETTER

News & Photos

Maximum 150-160 Words Please

Copy Date Is 1st Of The Month

Send to Ken Cotton, 01923 269720

or

email:- woodsidesu3a22@gmail.com

ALSO: NEWS & PHOTOGRAPHS

suitable for publication please send to
The Webmaster, Andrew Cummings
at:

webmaster@woodsidesu3a.org.uk or
andrew.cummingsu3a@btinternet.com

The newsletter is available online at
<https://u3asites.org.uk/woodsides>

So our u3a can be as environmentally friendly as possible, you are invited to bring your own mug to our monthly general meetings. These are easier to drink from and will save using plastic cups.



The Committee Contact Details:

Heather Lace - Chair
07951 937064



chair@woodsidesu3a.org.uk

Ken Cotton - Vice Chair
01923 269720



woodsidesu3a22@gmail.com

Alison Theobald - Treasurer
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Dave Daniels lehdansom@aol.com



**Next General Meeting
June 17th 2025**