

Woodside



Newsletter

July 2025

MEETING AT THE STANBOROUGH CENTRE WATFORD

<https://u3asites.org.uk/woodside>

Charity Registration Number.: 1182140



Dave Daniels

WELCOME TO OUR NEW CHAIR!

Welcome to the July meeting.

I have been reliably informed that since Woodside was formed, I am the first Male Chairperson, so once again thank you for trusting in me to carry on the good work of my predecessors. During my working

life I have been mainly involved in the Transport Industry as a manager and also as a LGV/PCV instructor. I was also involved in setting up the multi choice questionnaire for the present Driving Tests. While working for the Post Office I was involved in the Unions and when they bought the Sun Sports (As it was known then) I became the Secretary. I joined Woodside U3A about 1 year before the dreaded Covid took over our lives. About two years ago I joined the committee. While on the committee I took over the responsibility of organising the Christmas Lunch last year. During my time with Woodside I have joined a few of the activities. I know it's only July but as we have no August meeting my first task will be organising the Christmas Lunch again, which will be held at the Aldenham Golf and Country Club on Wednesday December 3rd. We will be taking names at the September meeting, by then I will know the menu and how much it will cost. Finally, thank you to the committee for standing again, all the group leaders and all of you for renewing your membership because if it was not for you there would not be a Woodside U3A. And not forgetting the ladies who organise the Tea and Coffee every month. *Dave*

**Today's Speaker:- Frances Watkins: Medicinal Plants In Wartime.
To help the environment please remember to bring your own drinking vessel.**

Speakers Report



At our June meeting, after the AGM, we had our customary performances by our **Drama Group** and then our **Singing Group**. Unfortunately Ian Woolcott could not attend and was missed by all. We had a relationship and marriage themed set of poems and sketches. These included advice on how to keep your marriage fresh, look for love, always defer to your wife, differing views of the same evening and even marriage guidance. All the presentations were extremely funny and up to the high standards we have come to expect. Next Adey introduced our "**Singing for Pleasure**" group who perform outside as the "**Woodside Fun Singers**" We were treated to their Country and Western repertoire, which was excellent, featuring Adey on guitar, Janette on drums and a solo by Ron Drew. We could all join in with their well known songs and anyone can tell that this is a fun group of friends enjoying themselves as well as being great singers. Hopefully both groups will be able to perform again for us at Christmas.

Louise



PLEASE NOTE:

There Is No Meeting In August!
See You On The 16th September

Coach Trips

Anglesey Abbey House Garden and Water Mill. Tuesday 7th October

Visit includes house visit garden and water mill.

National trust members are free non members £17.00.

Cost of coach £29,00

Leaving Stanborough at 08.45. Return Stanborough approx 17.00

Places still available.

Royal Opera House Covent Garden Wednesday 5th November

Tour of back stage equipment and costumes.

Cost of visit £17.00. Cost of coach. £19.00

Step free.

Leave Stanborough 08.45. Leave Covent Garden approx. 14.00

Please Speak To Joan At The Meeting

PLEASE NOTE.

Spanish Group 1

This group is presently full so anyone wishing to join us we will add you you to our waiting list.

Line Dancing

Janet would like to emphasise that the 11.15 class is currently full so anyone- (prospective members) should not just turn up for this session. Put your name down and you will be contacted when a place is available.

(There are still places for the 10.15 session)

This is a joint group with S.W.Herts u3a Sue Brown

Pub Lunch & Darts



This month we were joined by some of our wives which made it a very special afternoon. Any attempts to impress them with our skill didn't materialise sadly but we all had fun trying. *Ken*

Art Group



The Art Group is a small friendly group that has been running since our u3a first started in January 2017. They meet on alternate Thursdays at Tanners Wood Hall (School Mead, Abbots Langley) from 10am

until 12 midday. Members are at all different levels and beginners are welcome. Advice can be given on what supplies to purchase if needed. Group leader Sue Walters said they would love more members to join. Sessions cost £5 with tea/coffee included. Sue can be contacted either on 07989 250483 or email: suewalters240@gmail.com *Ken (on Interest Group Visit)*

Mens Wimbledon Champions Since 1960

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FEDERER
BORG
ALCARZ
KRAJICEK
AGASSI
SAMPRAS
EDBERG
MURRAY

This Months WordSearch

Photography Group

Our June photo competition was held in Cheslyn Gardens, Nascot Wood. If you have not been there it is well worth a visit with its beautiful gardens and aviary etc. Our winning photo this time was taken by **Sue Hickson** with her excellent terrace shot. Well



done Sue, a lovely photo. *Ken J.*

Interest Groups Contact Details: N.B.★ Indicates

Group Full With
Waiting List

Art	Contact: Sue Walters on 07989 250483, Group meets fortnightly 10-12am at Tanners Wood Hall.
Badminton	Contact: Susan Coultrup on 01923 334387. Group meets weekly on a Wednesday at Woodside Leisure Centre 2-3pm (This is a joint group with SWH) ★
Board Games	Contact: Sue Brown 07812 840047 or email susanmaybrown@hotmail.com Starting on 4th February 10.30-12.00 pm at members houses
Books	Contact: Libby Crawford on 01923 247847. Group meet every 3rd Wednesday @ 10.30am
Bridge Improvers	Contact: Judith Evans on 01923 260354 or 07960 642651. Group meets 1st and 3rd Mondays at 1.30 - 4.30 at Asda Room 3 (this is a joint group with SWH)
Canasta	Contact: Reg Breese on 07796 446148. or email: reg2@sky.com Group meets 3rd Tuesday of the month at Asda Community Suite at 2.00pm
Cinema Group	Contact Pam Clark 07941 661603 (Members To Suggest Films)
Craft	Contact: Jo Bromwich on 01923 443758. This group meets on the 4th Wednesday of the month at Abbots Langley Cricket Club at 10 until 12 am
Creative Writing	Contact: Ian Woolcott on 07505 769911 (Details to be advised)
Drama	Contact: Joyce Holton 07795 193405 This group meets on a Tuesday at Asda Community Suite, 10.00am until 11.30am
Family History	Contact: Bea Luffrum on 07711 709039. Group meets monthly on the 1st Wednesday morning at members houses (this is a joint group with SWH).
French	Contact: Heather Lace on 07951 937064. Group meets fortnightly on a Monday at 2.30p at members houses
Garden Visits	Contact: Teresa Brunswick on 07712 710811. Watch out for news of visits at the General Meeting.
History Group	Starting 8th September 10.30am-12pm. Initially meet at Costa, Asda. First meeting VE Day Memories. Contact Cheryl Lamford 07546 588079
Line Dancing ★	Contact: Judy Lovell on 01923 893368. Group meets 1st and 3rd Mondays. First session 10.15am. (Second session 11.15am - Currently Full) This is a joint group with SWH)
Listening To Music	Group meets on the 2nd Monday of the month at 2pm. Contact: Lawrence Pearlman on 07752 367664 or email pearlyman58@gmail.com ★
Local Theatre Group	Contact: Pam Young on 07811 219936. Trips to be advised. Payments to be made at the time of putting your name down for a trip. Travel will be shared vehicles.
Lunch Group	Contact: Joyce Gray on 01923 263213 or rejoyce.gray@gmail.com Monthly. Days and venue vary.
Mexican Train	Contact: Bernice Caffrey on 01923 672359. Group 1 meets every 4 weeks on a Thursday at 2.00-4.00pm. Group 2 meets every 4th Monday 2.00-4.00pm
Murder/ Mystery	Contact: John Simpson on tel.no 07531 542605 - Group meets on an ad hoc basis in group members homes.
Pathfinders	Contact: Patrick Turner on 0923 263511 or 07954 640263. Meets on 4th Thursday morning of the month. (this is a joint group with SWH)
Philosophy	Contact: Jeanne Johnson on 01923 263598. Group meets monthly on 1st Monday 2.00-4.00pm. (This is a joint group with SWH)

Interest Groups Continued

Photography	Contact: Ken Jones on 01923 264855. Group meets most months at a venue to be decided, to take a photograph and have a social time at a local cafe.
Play Reading For Fun	Contact: Derek Giles on 01923 270971. 4th Wednesday at Asda at 10.00am -12.30pm and again 1st Monday at Asda at 2.00pm - 4.30pm (This is a joint group with SWH)
Pub Lunch And Darts	Contact: Ken Cotton 01923 269720. Group meets at the Unicorn Pub, Abbots Langley. Meets On 1st Tuesday Of The Month at 12.30pm ★
Quiz Evening	Group meets on the 3rd Thursday of the month. 7pm Lawrence Pearlman on 07752 367664 or email pearlyman58@gmail.com
Spanish 1	Contact: Sue Brown on 01923 661516. Group meets fortnightly on Friday at 11.00 - 12.00am at the Royal Oak, Abbots Langley. ★
Sewing	Contact: Tina Photi on 07427866825. Group meets Wednesday at 10.00-12.00am at Tina's home.
Sequence Dancing	Contact: Janet Moles on 07835 260967 Next meeting Friday 9th December at All Saints Church Hall from 2.00pm until 4.00pm.
Sign Language	Contact: Sue Brown on 07812 840047. Group meets 1st & 3rd Friday of the month. 2.00-3.30pm. Contact Sue for venue. Joint Group with Chiswell Green u3a
Singing for Pleasure	Contact: Ady Shaw 01923 518021. Group meets fortnightly on Thursday at 10.00am -11.30am at Asda.
Social Outing Group	Contact: Joan jgillett43@gmail.com Mobile: 07881 768793
Table Tennis	Contact: John Simpson on 07531 542605. Group meets fortnightly at 10.00-12.00am at the YMCA Haines Way.
Ten Pin Bowling	Contact: (initially) Bernice Caffrey on 01923 672359. Group meets on the 2nd Monday of the month at Hollywood Bowl at 2.00pm starting on the 11th September.
Trips	Contact: Martin Rodel on 01923 442417. Available trips advertised at General Meetings.
Ukulele	Contact: Trevor Boardman on 01923 244016. Group meets 1st, 3rd and 5th Thursday and 2nd, 4th and 5th Wednesday at 2.00pm at Tesco Extra Community Room (this is a joint group with SWH)
Weekenders	Contact: Teresa Brunswick on 07712 710811. Watch out for news of visits at the General Meeting.
Woodside Walk Five	Contact: Derryck Croker on 07941 401421 for details of next meeting. Group meets monthly on the 2nd Wednesday. (This is a joint group with SWH)
Wednesday Walkers	Contact: Derryck Croker on 07941 401421 Group meets on the 4th Wednesday of the month (This is a joint group with SWH)
Yoga Group	Meeting Thursday Mornings At The Stanborough Centre. 2 Sessions 9.45am and 11am. Cost £8 (£2 if you join but can't attend) Just turn up! Joint with SW Herts

We are always looking for new interest groups. If you have any ideas then please speak to Bernice at the general meeting.



**General Meeting Talk In September:
Rob Brewer: Roles Of A TV/Film Extra.
Rob is an extra.**

Refreshment Rota:-

**Today: Quiz & Spanish
September:
Sewing & Sign Language**

WANTED FOR OUR NEWSLETTER

News & Photos

Maximum 150-160 Words Please

Copy Date Is 1st Of The Month

Send to Ken Cotton, 01923 269720

or

email:- woodsdeu3a22@gmail.com

ALSO: NEWS & PHOTOGRAPHS

suitable for publication please send to

The Webmaster, Andrew Cummings

at:

webmaster@woodsdeu3a.org.uk or

andrew.cummingsu3a@btinternet.com

The newsletter is available online at

https://u3asites.org.uk/woodsde

So our u3a can be as environmentally friendly as possible, you are invited to bring your own mug to our monthly general meetings. These are easier to drink from and will save using plastic cups.



The Committee Contact Details:

Dave Daniels - Chair

lehdansom@aol.com

07956 218801



chair@woodsdeu3a.org.uk

Ken Cotton - Vice Chair

01923 269720

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Alison Theobald - Treasurer

a.theobald@sky.com



Lesley Cummings - Membership

Secretary 01923 681478

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Joyce Gray - Minute Secretary &

Publicity 01923 263213

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Bernice Caffrey -

Interest Group Coordinator

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Louise Smith - Speaker Organiser

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Linda Williams 01923 445598

linda57williams@hotmail.co.uk



Heather Lace 07951 937064



**Next General Meeting
Sept. 16th 2025**