

# Woodside



Newsletter

May 2024

MEETING AT THE STANBOROUGH CENTRE WATFORD

<https://u3asites.org.uk/woodside>

Charity Registration Number.: 1182140



Hello everyone

I don't know about you, but almost every conversation I have now seems to start with comments about the weather - positive and negative!

- \* I now moan about extreme heat, which I used to really enjoy
- \* The frequent wet weather stops me pottering round in the garden - but provides a good excuse for not mowing the lawn
- \* I watch the trees swaying violently in the wind and worry about where they will land (two large trees down on Abbots High Street recently!)
- \* When it is icy I worry about what, if you are over 70, is apparently referred to as having a 'fall' rather than slipping over
- \* When it is warm and sunny I know I should be concerned about climate change but I must admit my heart lifts and May and June are my favourite months, particularly with the long evenings

I am hoping the weather will be kind for our u3a Summer Garden Party which is planned for 2-4pm on Tuesday 20th August in Joyce Gray's garden. More details will follow. There are also some of our Summer trips with spaces still available. See you all soon. *Heather*

Today's Speaker:- 'Air Ambulance Volunteer'

To help the environment please remember to bring your own drinking vessel.

## Speakers Report

**A**t our April meeting we were lucky enough to be able to book Peter Marcham to speak about **The People and Places of Bletchley Park**. Peter has volunteered there for many years and has a vast knowledge of its contribution to code breaking during the Second World War. Seventy five percent of the workers were women with fifty percent of these military and the other fifty percent former civilians. The Polish contribution to intelligence work was huge and they had started listening to German morse code chatter in the 1920's until in 1927 they realised the Germans were using code machines. They turned an enemy agent and stole a machine which they realised used algorithms instead of numbers and characters. Codes changed every day

by 103x10 to the power of 21 on each combination of rotors and patch panels. A mammoth task to invent cipher machines was launched by teams led by Alan Turing and Gordon Welchman. Before the war started Sir Hugh Sinclair, who had been appointed head of the Gov't Code and Cypher School, had the foresight to buy Bletchley Park. It stood in fifty six acres of land, near a railway station and had a huge electrical trunk line within a mile of it. He used family money for secrecy and enemy planes didn't find it because they cleverly used low outbuildings that mimicked farm sheds.

*Louise*

## Martin & Joan's Coach Trips

**T**here are still seats available.

Cost of coach £13.00. Pay for visit on the day.

Leaving Stanborough at 08.45. Greenwood Drive at 08.50

Please let myself or know Martin where you're being picked up from.

**Please wear your lanyard.**

Please contact for the above trip. **Martin 01923 442417**  
**or Joan 07881768793**

## Garden Visits Group

**W**e were treated to a guided tour and lunch at **Sunnyside**, Hemel for our April visit. The trust started from humble beginnings, two families doing their best to support their loved ones by enriching their lives with gardening therapy, to the commercial enterprise that it is today. The trust covers three sites, offering a wide range of therapeutic services and employment opportunities, including cafes and farm shops, supplying and selling plants, keeping livestock, as well as offering gardening services. The inspirational work on site is tailored to the adults they support with learning disabilities and autism, and through GP



referrals for horticultural therapy. The trust continues to grow and develop, their latest enterprise involves working in partnership with Tom and Sue Stuart-Smith, with the

opening of the **Orchard Nursery at Serge Hill Gardens**. Both gardens are participating in the NGS open gardens scheme: **Sunnyside Rural Trust Trail**,

Saturday 29<sup>th</sup> June, 10am - 4pm; **Serge Hill Gardens** on Sunday 2<sup>nd</sup> June, 1 - 5pm, details can be found at [ngs.org.uk](http://ngs.org.uk). Jo has also arranged a visit to the new garden at Serge Hill on the 11<sup>th</sup> July, details in last month's newsletter. Thanks for organising both visits Jo.

*Linda Roberts*

## Start Them Young!

**I**'ve recently taken up doodling with our u3a and love learning a new skill. My 7 year old granddaughter Lola liked my efforts and asked if I could teach her. This was the result after only one attempt. Just shows what any one can achieve even without any artistic talent, old or young. It's really brilliant to have found this particular class.

Thank you Pam! *Heather Barrett*



*Artwork by Lola Murray*

## Photography Group



**O**ur subject this month was 'Apsley Lock'. It was warm enough to sit outside and enjoy beer or coffee and a social hour or two.

**Winner:-**  
*Ken Jones*



**Runner Up:-**  
*Ken Cotton*



## Craft Group



**G**reat session today. Pam Cotton broke the actual drawing down into very doable pieces. All the cards looked completely different and all are lovely. *Jo*



*Examples of some of the cards drawn*

## Did You Know?

The fear of long words is called:-  
Hippopotomonstrosesquippedaliophobia.

# Can You Find These Rolling Stones Recordings?

E	L	T	T	I	L	Y	B	E	L	T	T	I	L
R	N	O	T	F	A	D	E	A	W	A	Y	S	H
A	K	K	E	Y	N	T	I	O	C	I	W	E	I
G	O	A	A	V	Y	U	M	L	S	A	E	S	D
U	O	H	U	I	O	O	M	A	T	M	R	R	E
S	H	M	O	N	E	Y	O	D	A	W	N	O	E
N	E	N	E	O	S	E	V	Y	R	A	I	H	L
W	H	O	I	S	U	V	I	J	T	I	O	D	B
O	T	E	G	I	Z	O	N	A	M	T	T	L	T
R	F	M	N	O	I	L	G	N	E	I	H	I	I
B	F	O	A	P	E	E	O	E	U	N	I	W	T
L	O	C	A	W	Q	W	N	N	P	G	O	L	E
W	A	L	K	I	N	G	T	H	E	D	O	G	L
W	G	I	M	M	E	S	H	E	L	T	E	R	A

CAROL  
 LADY JANE  
 MONEY  
 BROWN SUGAR  
 WALKING THE DOG  
 LITTLE BY LITTLE  
 GIMME SHELTER  
 NOT FADE AWAY  
 START ME UP  
 OFF THE HOOK  
 LET IT BLEED  
 I'M MOVING ON  
 WILD HORSES  
 POISON IVY  
 ANGIE  
 WE LOVE YOU  
 I AM WAITING  
 SUZIE Q  
 COME ON

## Quick Quiz - U.S.A. Presidents

- Who was the 1st President of the USA?
- Who was John F. Kennedy's vice President?
- Who was President during the American Civil War?
- Who was President when Margaret Thatcher became Prime Minister?

## Alexa Joke

Why Do Witches Wear Name Badges?  
 So They Know 'Which, Witch Is Which'!

## Quick Quiz Answers

1, George Washington 2, Lyndon B. Johnson 3, Abraham Lincoln 4, Jimmy Carter

## Interest Groups Contact Details

<b>Art</b>	Contact: Sue Walters on 07989 250483, Group meets fortnightly 10-12am at Tanners Wood Hall.
<b>Badminton</b>	Contact: Susan Coultrup on 01923 334387. Group meets weekly i Wednesday at Watford Leisure Centre (This is a joint group with SWH)
<b>Books</b>	Contact: Libby Crawford on 01923 247847. Group meet every 3rd Wednesday at 10.30am
<b>Bridge Improvers</b>	Contact: Judith Evans on 01923 260354 or 07960 642651. Group meets 1st and 3rd Mondays at 1.30 - 4.30 at Asda Room 3 (this is a joint group with SWH)
<b>Bus Pass Travel</b>	No trips planned at present. John Simpson is currently looking into places to visit.
<b>Canasta</b>	Contact: Denise Branton on 07786 391534. Group meets 3rd Tuesday of the month at Asda Community Suite at 2.00pm
<b>Craft</b>	Contact: Jo Bromwich on 01923 443758. This group meets on the 4th Wednesday of the month at Abbots Langley Cricket Club at 10 until 12 am
<b>Creative Writing</b>	Contact: Ian Woolcott on 07505 769911 (Details to be advised)
<b>Doodle Art</b>	Contact: Pam Cotton 07876 384026. Group meets 1st Tuesday of the month at the Royal Oak, Abbots Langley 11am. Stay for lunch and a chat.
<b>Drama</b>	Contact: Joyce Holton 07795 193405 This group meets on a Tuesday at Asda Community Suite, 10.00am until 11.30am
<b>Family History</b>	Contact: Bea Luffrum on 07711709039. Group meets monthly on the 1st Wednesday morning at members houses (this is a joint group with SWH).
<b>French</b>	Contact: Heather Lace on 07951937064. Group meets fortnightly on a Monday at 2.30p at members houses
<b>Garden Visits</b>	Contact: Teresa Brunswick on 07712 710811. Watch out for news of visits at the General Meeting.
<b>Line Dancing</b>	Contact: Judy Lovell on 01923 893368. Group meets 1st and 3rd Mondays. First session 10.15am. Second sessions 11.15am (This is a joint group with SWH)
<b>Listening To Music</b>	Group metes on the 2nd Monday of the month at 2pm. Contact: Lawrence Pearlman on 07752 367664 or email <a href="mailto:pearlyman58@gmail.com">pearlyman58@gmail.com</a>
<b>Local Theatre Group</b>	Contact: Pam Young on 07811 219936. Trips to be advised. Payments to be made at the time of putting your name down for a trip. Travel will be shared vehicles.
<b>Lunch Group</b>	Contact: Joyce Gray on 01923 263213 or <a href="mailto:rejoyce.gray@gmail.com">rejoyce.gray@gmail.com</a> Monthly. Days and venue vary.
<b>Mexican Train</b>	Contact: Bernice Caffrey on 01923 672359. Group 1 meets every 4 weeks on a Thursday at 2.00-4.00pm. Group 2 meets every 4th Monday 2.00-4.00pm
<b>Murder/ Mystery</b>	Contact: John Simpson on <a href="tel:07531542605">tel.no 07531 542605</a> - Group meets on a ad hoc basis in group members homes.
<b>Pathfinders</b>	Contact: Patrick Turner on 0923 263511 or 7954640263 for details of next meeting (this is a joint group with SWH)
<b>Philosophy</b>	Contact: Jeanne Johnson on 01923 263598. Group meets monthly on 1st Monday 2.00-4.00pm. (This is a joint group with SWH)

## Interest Groups Continued

<b>Photography</b>	Contact Ken Jones on 01923 264855. Group meets monthly at a venue to be decided, to take a photograph and have a social time at a local cafe.
<b>Play Reading For Fun</b>	Contact: Derek Giles on 01923 270971. 4th Wednesday at Asda at 10.00am -12.30pm and again 1st Monday at Asda at 2.00pm - 4.30pm (This is a joint group with SWH)
<b>Pub Lunch And Darts</b>	Contact: Ken Cotton 01923 269720. Group meets at the Unicorn, Abbots Langley. Meets On 1st Tuesday Of The Month
<b>Quiz</b>	Contact: Glen Price on 07787155461 meeting at YMCA Haines Way at 7.00pm on the third Thursday of the month.
<b>Spanish 1</b>	Contact: Sue Brown on 01923 661516. Group meets fortnightly on Friday at 11.00 - 12.00am at the Royal Oak, Abbots Langley.
<b>Sewing</b>	Contact: Tina Photi on 07427866825. Group meets Wednesday at 10.00-12.00am at Tina's home.
<b>Sequence Dancing</b>	Contact: Janet Moles on 07835 260967 Next meeting Friday 9th December at All Saints Church Hall from 2.00pm until 4.00pm.
<b>Sign Language</b>	Contact: Sue Hickson on 07958669311. Group will start on the 26th August and meet the 2nd and 4th Friday of the month at Asda Community Suite between 2.00pm and 3.30pm.
<b>Singing for Pleasure</b>	Contact: Ady Shaw 01923 518021. Group meets fortnightly on Thursday at 10.00am -11.30am at Asda.
<b>Social Outing Group</b>	Contact: Joan <a href="mailto:jgillett43@gmail.com">jgillett43@gmail.com</a> Mobile: 07881 768793
<b>Table Tennis</b>	Contact: John Simpson on 07531 542605. Group meets fortnightly at 10.00-12.00am at the YMCA Haines Way.
<b>Ten Pin Bowling</b>	Contact (initially) Bernice Caffrey on 01923 672359. Group meets on the 2nd Monday of the month at Hollywood Bowl at 2.00pm starting on the 11th September
<b>Trips</b>	Contact: Martin Rodel on 01923 442417. Available trips advertised at General Meetings.
<b>Ukulele</b>	Contact: Trevor Boardman on 01923 244016. Group meets 1st, 3rd and 5th Thursday and 2nd, 4th and 5th Wednesday at 2.00pm at Tesco Extra Community Room (this is a joint group with SWH)
<b>Weekenders</b>	Contact: Teresa Brunswick on 07712710811. Watch out for news of visits at the General Meeting.
<b>Woodside Walk Five</b>	Contact: Derryck Croker on 07941 401421 for details of next meeting. Group meets monthly on the 2nd Wednesday. (This is a joint group with SWH)
<b>Wednesday Walkers</b>	Contact: Derryck Croker on 07941 401421 Group meets monthly on the 4th Wednesday. (This is a joint group with SWH)

**We are always looking for new interest groups  
If you have any ideas then please speak to Bernice at the  
general meeting**



## General Meeting Talk Next Month

No Speaker

### 'The Shedettes' & 'Drama Group' Performing

#### Refreshment Rota:-

#### Photograph and Pub Lunch & Darts Groups

WANTED: NEWS & PHOTOGRAPHS suitable for publication please send to The Webmaster, Andrew Cummings at [andrew.cummingsu3a@btinternet.com](mailto:andrew.cummingsu3a@btinternet.com)  
The newsletter is available online at <https://u3asites.org.uk/woodside>

#### AND FOR THE NEWSLETTER

Send to Ken Cotton, 01923 269720 or email:- [woodsideu3a22@gmail.com](mailto:woodsideu3a22@gmail.com)

#### \*Copy Date Is 1st Of The Month\*

N.B. Due To Limited Space, Articles May Need To Be Edited!

Max 150-200 Words Please

#### IMPORTANT CONTACT DETAILS

[webmaster@woodsideu3a.org.uk](mailto:webmaster@woodsideu3a.org.uk)  
newsletter:- [woodsideu3a22@gmail.com](mailto:woodsideu3a22@gmail.com)

So our u3a can be as environmentally friendly as possible, you are invited to bring your own mug to our monthly general meetings. These are easier to drink from and will save using plastic cups.



#### The Committee Contact Details:

Heather Lace - Chair  
07951 937064

[chair@woodsideu3a.org.uk](mailto:chair@woodsideu3a.org.uk)



Ken Cotton - Vice Chair  
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Next General Meeting  
18th June