

Woodside

u3a
learn, laugh, live

Newsletter

July 2026

MEETING AT THE STANBOROUGH CENTRE WATFORD

<https://u3asites.org.uk/woodside>

Charity Registration Number.: 1182140



Hello everyone

This Months Birthstone



Ruby

Good Morning to you all. Welcome to our July meeting. This will be our last newsletter before the August break. Hopefully by the time this reaches the Newsletter our weather will have settled for the better, but not too hot. I am sure, even if you are not a football fan, which I am, the last few weeks have been all about the World Cup, so we hope England are still in it, and not forgetting Scotland. For those of you who are not fans there's always Cricket. And for those Tennis fans we have had Wimbledon. So it has been quite a Summer of sport so far. enough of sport for now I hope you all enjoy a break from the u3a and maybe get away for a few days and hope to see you all in September. Well that's all from me, see you soon.

Dave



Today's Speaker:-Chris Truman "Digital Forensics" Who's watching you?

To help the environment please remember to bring your own drinking vessel.

SPEAKERS AGM REPORT



First of all, a big thank you to The Drama Group and The Woodside Singers for an entertaining hour after our AGM reports. The Drama Group took on three different styles of sketches. The first being played out in the chemist, I wonder how many of us men, in our younger days, had that conversation with a young lady behind the counter. Second sketch being ladies having afternoon tea putting the world to

rights, or maybe the local community. The third being about us lovers of chocolate who over indulge, which I am one. Which was very funny and entertaining, so well done The Drama Group. Next was Ady and The Woodside Singers, who gave us a good mix of modern songs which had everyone singing and tapping along to. So well done to you all for keeping us entertained and also getting an encore.

Dave (Standing In For Louise)

COACHTRIP: STAMFORD CHRISTMAS MARKET



SAVE THE DATE - SUNDAY NOVEMBER 29TH - Stamford Christmas Market

For More Information See Marie Welsh At The September Meeting

PUB LUNCH & DARTS



Gordon

On the first Tuesday of the month we hold 'Pub Lunch and Darts'. This group has grown in popularity and is now a thriving get together which starts with an excellent lunch at the Unicorn Pub in Abbots Langley. As soon as lunch is over two teams are selected and the Darts commence with fierce competition. I must point out that if

you have seen Darts on TV then ours is nothing like that. In darts it's normal to finish on a double but in our games we often fail to achieve this and end up throwing the nearest dart to the bull just to finish the game. What we lack in skill we make up for with enthusiasm and a good time is always had by all.

Ken J. (Standing In For Ken C.)

MURDER MYSTERY GROUP *by Sue Brown*

'A fun evening was had by all!'



Once again a Murder took place on Saturday 13th June - this time in Hollywood (although it certainly looked like Watford !!) The suspects are shown below but the main culprits still need to be identified. Can you help with recognising them under their disguises ??



This Months Joke!

I have a phobia with getting into lifts....
I'm taking steps to avoid it!

CHRISTMAS CANAL BOAT TRIP

As mentioned at recent Woodside u3a General Meeting,

we are arranging a Christmas Canal Boat Trip on Thursday December 17th 2026 between 11.00a.m. and 3.00p.m, from the Waterways Experiences Boatyard in Kings Langley. The event will include Mulled Wine, Mince Pies,



Christmas Crackers, two quizzes, music and optional Fish and Chip meal, or similar (cost extra)

details of which will be available later. **There are just a few seats still available, cost £10.00 each** if you would like to join us please contact **John Simpson as soon as possible**.

John Simpson: indiabound81@outlook.com

'SINGING FOR PLEASURE' GROUP

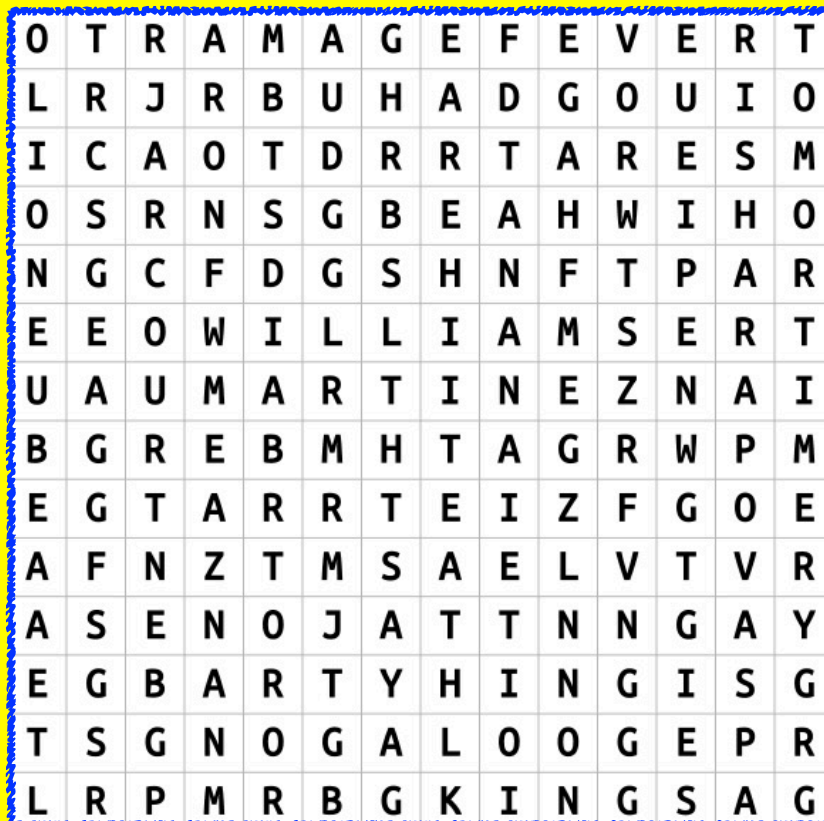
Singing for pleasure group performed several songs from their current repertoire for the AGM in June. They continue to grow in numbers and confidence, with their song catalogue expanding across genres and decades. We perform to a wide range of audiences including - British Legion, Cameo Club, Monday Club and Victoria House, where we perform on a regular basis. In June we sang for Armed Forces Day based on WW11 songs as requested. The group give up their time willingly and do not charge any fee. We are not a choir and are

not trained singers. We sing for pleasure, for our enjoyment and to entertain others. Ady leads the group and gives advice, support and encouragement which helps us to perform to the best of our ability. We are always happy to have new members join and would encourage you to have a go. Ron and Ady would love to have more men join them!!!
by Val May



WordSearch: Can You Find These Ladies Wimbledon Champions?

<https://thewordsearch.com/puzzle>



Jones
 Williams
 Evert
 Martinez
 Goolagong
 Graf
 Hingis
 Barty
 Bueno
 Court
 Sharapova
 Wade
 Mortimer
 King



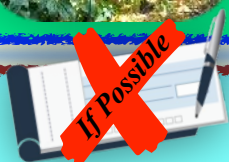
One Major Name Is Missing....Who Is It? *Answer On Page Seven*



GARDEN VISIT GROUP

In May The Garden Visit Group visited Rupert Wheelers beautiful garden 'The Clump near Rickmansworth'. He is an expert plantsman with a huge variety of plants and in depth knowledge. The garden was created by Rupert and his wife who made us very welcome. We will definitely return.

by Heather Barrett



'BACS' PAYMENTS



This is our preferred method of payment! Here are the details you'll need.

Account name:- Woodside U3A, Sort code 20-45-45, Account number 13245691.

Please fill in the REFERENCE. If it's a renewal then it's your membership number, if it's a trip then the reference is the name of the trip. **The reference is very important** as the treasurer will know what you're paying for".

Interest Groups Contact Details:

Badminton	Contact: Susan Coultrup on 01923 334387. Group meets weekly on a Wednesday at Woodside Leisure Centre 2-3pm (This is a joint group with SWH)
Board Games	Contact: Sue Brown 07812 840047 or email susanmaybrown@hotmail.com February 10.30-12.00 pm at members houses
Books	Contact: Libby Crawford on 01923 247847. Group meet every 3rd Wednesday @ 10.30am
Bridge Improvers	Contact: Judith Evans on 01923 260354 or 07960 642651. Group meets 1st and 3rd Mondays at 1.30 - 4.30 at Asda Room 3 (this is a joint group with SWH)
Canasta	Contact: Reg Breese on 07796 446148. or email: reg2@sky.com Group meets 3rd Tuesday of the month at Asda Community Suite at 2.00pm
Cinema Group	Contact Pam Clark 07941 661603 (Members To Suggest Films)
Craft	Contact: Jo Bromwich on 01923 443758. This group meets on the 4th Wednesday of the month at Abbots Langley Cricket Club at 10 until 12 am
Creative Writing	Meets 2nd Wednesday Of The Month. Contact: Libby Crawford on 01923 247847
Drama	Contact: Joyce Holton 07795 193405 This group meets on a Tuesday at Asda Community Suite, 10.00am until 11.30am
Family History	Contact: Bea Luffrum on 07711 709039. Group meets monthly on the 1st Wednesday morning at members houses (this is a joint group with SWH).
French	Contact: Heather Lace on 07951 937064. Group meets fortnightly on a Monday at 2.30p at members houses
French 2	Meet monthly on 1st Wednesday of each month at 10am until 11.30am starting from 1st July at Libby's House. Contact Libby Crawford on 01923 24784
Garden Visits	Contact: Teresa Brunswick on 07712 710811. Watch out for news of visits at the General Meeting.
History Group	Group meets 2nd Monday of the month at Asda. Contact Anne Osborne 07746 481487
Line Dancing	Contact: Judy Lovell on 01923 893368. Group meets 1st and 3rd Mondays. First session 10.15am. (Second sessions 11.15am - Currently Full) This is a joint group with SWH)
Listening To Music	Group meets on the 2nd Monday of the month at 2pm. Contact: Lawrence Pearlman on 07752 367664 or email pearlyman58@gmail.com
Local Theatre Group	Contact: Valerie 07813 733461 and Antoinette 07963 450985 Trips to be advised. Payments to be made at the time of putting your name down for a trip. Travel will be shared vehicles.
Lunch Group	Contact: Joyce Gray on 01923 263213 or rejoyce.gray@gmail.com Monthly. Days and venue vary.
Mexican Train	Contact: Bernice Caffrey on 01923 672359. Group 1 meets every 4 weeks on a Thursday at 2.00-4.00pm. Group 2 meets every 4th Monday 2.00-4.00pm
Murder/ Mystery	Contact: John Simpson 07531 542605 - Group meets on an ad hoc basis in group members homes.
Pathfinders	Contact: Patrick Turner on 0923 263511 or 07954 640263. Meets on the 1st Tuesday morning of the month. (this is a joint group with SWH)
Philosophy	Contact: Jeanne Johnson on 01923 263598. Group meets monthly on 1st Monday 2.00-4.00pm. (This is a joint group with SWH)

Photography	Contact: Ken Jones on 01923 264855. Group meets most months at a venue to be decided, to take a photograph and have a social time at a local cafe.
Play Reading For Fun	Contact: Derek Giles on 01923 270971. 4th Wednesday at Asda at 10.00am -12.30pm and again 1st Monday at Asda at 2.00pm - 4.30pm (This is a joint group with SWH)
Pub Lunch And Darts	Contact: Ken Cotton 01923 269720. Group Meets At A Local Pub On 1st Tuesday Of The Month at 12.30pm
Quiz Evening	Group meets on the 3rd Thursday of the month. 7pm Lawrence Pearlman on 07752 367664 or email pearlyman58@gmail.com
Quilting Club	Meets on the 3rd Thursday of the month Contact: Anne Price on 07304 118768
Spanish	Contact: Sue Brown on 01923 661516. Group meets fortnightly on Friday at 11.00 - 12.00am at the Royal Oak, Abbots Langley.
Sewing	Contact: Tina Photi on 07427866825. Group meets Wednesday at 10.00-12.00am at Tina's home.
Sequence Dancing	Contact: Janet Moles on 07835 260967 Next meeting Friday 9th December at All Saints Church Hall from 2.00pm until 4.00pm.
Sign Language	Contact: Sue Brown on 07812 840047. Group meets 1st & 3rd Friday of the month. 2.00-3.30pm. Contact Sue for venue. Joint Group with Chiswell Green u3a
Singing for Pleasure	Contact: Ady Shaw 01923 518021. Group meets fortnightly on Thursday at 10.00am -11.30am at Asda.
Table Tennis	Contact: John Simpson on 07531 542605. Group meets fortnightly at 10.00-12.00am at the YMCA Haines Way.
Ten Pin Bowling	Contact: (initially) Bernice Caffrey on 01923 672359. Group meets on the 2nd Monday of the month at Hollywood Bowl at 2.00pm.
Trips	Contact: Martin Rodel on 01923 442417. Available trips advertised at General Meetings.
Ukulele	Contact: Trevor Boardman on 01923 244016. Group meets 1st, 3rd and 5th Thursday and 2nd, 4th and 5th Wednesday at 2.00pm at Tesco Extra Community Room (this is a joint group with SWH)
Weekenders	Contact: Teresa Brunswick on 07712 710811. Watch out for news of visits at the General Meeting.
Woodside Walk Five	Contact: Derryck Croker on 07941 401421 for details of next meeting. Group meets monthly on the 2nd Wednesday. (This is a joint group with SWH)
Wednesday Walkers	Contact: Derryck Croker on 07941 401421 Group meets on the 4th Wednesday of the month (This is a joint group with SWH)
Yoga Group	Meeting Thursday Mornings At The Stanborough Centre. 2 Sessions 9.45am and 11am. Cost £8 (£2 if you join but can't attend) Just turn up! Joint with SW Herts

Missing Ladies Champion: *(Martina) Navratilova*

We are always looking for new interest groups If you have any ideas then please speak to Bernice at the general meeting.



General Meeting Talk September:

**Lucy Lewis: 'UK's First
Female Bomb Disposal
Expert'**



Refreshment Rota Today:-

**Line Dancing & Listening To
Music**

**September:
Local Theatre Group & Lunch
Group**

WANTED FOR OUR NEWSLETTER

News & Photos

Maximum 150-160 Words Please

Copy Date Is 1st Of The Month

Send to Ken Cotton, 01923 269720

email:- woodsideu3a22@gmail.com

ALSO: NEWS & PHOTOGRAPHS

suitable for publication please send to

The Webmaster, Andrew Cummings

**webmaster@woodsideu3a.org.uk or
andrew.cummingsu3a@btinternet.com**

The newsletter is available online at

<https://u3asites.org.uk/woodside>

So our u3a can be as environmentally friendly as possible, you are invited to bring your own mug to our monthly general meetings. These are easier to drink from and will save using plastic cups.



**Next General Meeting
15th September 2026**

The Committee Contact Details:

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07956 218801



**Ken Cotton - Vice Chair &
Newsletter Editor**
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Interest Group Coordinator**
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